

CURRICULUM VITAE
RICHARD J. EMERSON, D.O. FAOAO, FAOASM

BUSINESS ADDRESS: The Orthopedic Clinic Association (TOCA)
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Phoenix, Arizona 85016
(602) 277.6211
www.tocamd.com

EDUCATION AND TRAINING

Pre-Medical: 1960 to 1962
Southern California College/Santa Ana College

1962 to 1965
University of California, Riverside
▪ Accelerated Honors Curriculum Pre-Med (Grant)

Medical School: 1965 to 1969 – D.O. (Doctor of Osteopathic Medicine)
Kansas City University of Medicine & Biosciences, Kansas City, Missouri

Post Graduate: 1969 to 1970
Internship: Willford-Hall
U.S.A.F. Medical Center (Rotating Surgical Intern) San Antonio, Texas

1970
School of Aerospace Medicine
Brooks A.F.B., San Antonio, Texas

1970 to 1973

Flight Surgeon, U.S.A.F., F-4 Squadrons

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Davis-Monthan A.F.B., Arizona

DaNang, Vietnam

Chief of Aeromedical Services plus 60 combat missions in the back seat of the F-4 as a Weapons Systems Officer for a total of 235 hours in the airplane as a Flight Surgeon to:

421st Tactical Fighter Squadron-F-4 (Tactical Air Command)

Flight Surgeon, Luke A.F.B., Arizona

Resident: 1973 to 1975

General Surgery Resident, Phoenix General Hospital, Phoenix, Az.

Orthopedic Surgery Residency: 1975 to 1978

Phoenix General Hospital, Phoenix, Az.

Fellowship: June 1977 through December 1977

Orthopedic Sports Medicine

Chairman: John Bergfeld, MD

Cleveland Clinic Foundation

Cleveland, Ohio

CERTIFICATION

Board Certification in Orthopedic Surgery, 1982. (American Osteopathic Board of Orthopedic Surgeons)

Fellow – American Osteopathic Academy of Orthopedics (Honorary Award), 1988.

American Osteopathic Academy Sports Medicine - Certificate of Competence, 1988.

Post Residency/Fellowship/Employment History

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1978-1984 Partner in Osteopathic Bone & Joint Surgeons, Inc.

1984-1998 Partner in Center for Sportsmedicine & Orthopedics, LLC

1998-2000 Associate in The Orthopedic Clinic Association (TOCA), Inc

2000-2006 Owner of Emerson Prosportsmedicine & Orthopedics, PC

2006-2007 Employee of The Center for Orthopedic Research and Education.

2007 to current: Orthopedic Consultant to Maricopa County Correctional Health System (Phoenix, Arizona)

2008 to current: Employee/Consultant to The Orthopedic Clinic Association (TOCA), Inc.

MEDICAL LICENSURE

1973 to Present – Arizona Licensure #1082

PROFESSIONAL ACTIVITY AND AFFILIATIONS

Emeritus Team Physician: Phoenix Suns (NBA), Arizona Rattlers (Arena Football League), Phoenix Mercury (WNBA)

Team Physician: Glendale Community College, Glendale, AZ

Arizona Coaches Association: Annual Sports Medicine/Sports Injury Prevention Seminars (1983–current)

Glendale Union High School District: Attending Physician Supervisor of Certified Athletic Trainers

Clinical Associate Professor Orthopedics and Sportsmedicine: Kirksville College of Osteopathic Medicine (aka) AT Still University of Osteopathic Medicine. Mesa, Arizona

Medical Director: SportExcel Health & Human Performance, Scottsdale, Arizona (Physical Therapy and Sports Performance) 2000-2006

Consultant, HealthSouth Sports Medicine & Rehabilitation, to the PGA and LPGA Tours (1990-2000)

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Sports Medicine Advisory Team: Arizona State University (1985-1990)

Sports Medicine Advisor: Arizona High School Football Coaches Association
(1980-present)

Contractor Consultant, Professional Services Reviewer of Orthopedic
Surgeons Coding Compliance: OrthoNet, White Plains, New York
(Jan 2010-Present)

SOCIETY MEMBERSHIPS

American Osteopathic Association (1969-present).

Arizona Osteopathic Association (1973-present).

American Osteopathic Academy of Orthopedics (AOAO), Fellow (1981-
present).

Arizona Medical Association, Sports Medicine Committee (1981-1993).

American College of Osteopathic Surgeons (1982-present).

Society of Team Physicians, National Basketball Association (1984-present).

American Osteopathic Academy of Sports Medicine (1987-present).

American Osteopathic Academy of Orthopedics, Sports Medicine (AOASM),
Fellow (1987-present).

Fellow, Assoc. Of Professional Team Physicians – Founder (1995-Present)

Joint Commission On Sports Medicine and Science – (2005)

APPOINTMENTS/ORGANIZATIONS

1980 to 1983 Officer of the Staff Executive Committee
 Phoenix General Hospital
 Phoenix, Arizona

1983 to 1984 Chief of Staff
 Phoenix General Hospital
 Phoenix, AZ

1983 to 1987 Board of Trustees
 Phoenix General Hospital

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Phoenix, AZ

1983 to 1988 Visiting Professor
Health, Physical Education, and Recreation
Arizona State University

1985 to 1993 Sports Medicine Committee
Arizona Medical Association

Program Chairman Mid-year Seminar
American osteopathic Academy of Orthopedics, Sports Medicine Section
Board of Directors (1990)

1989 to 1991 Board of Directors, progressing to President and Past
President positions (2 year term as President)
American Osteopathic Academy of Sports Medicine

1989 to 1991 Arthritis & Orthopedic Research, Board of Directors
HealthWest Regional Medical Center (previously known as Humana
Hospital, Phoenix)

1993 to Present Advisory Board of Directors
Junior Golf Association of Arizona

1992-1995 Associate Team Physician, Arizona Sandsharks (Major Indoor
Soccer League)

2001-2004 Pfizer Pharmaceutical Advisory Board

2004 Founder/President, Golf Sports Medicine
Association

2005 Medical Director, The Industrial Athlete
Of America

www.theindustrialathlete.com

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AWARDS & HONORS

Fellow (Honorary Award), 1988, American Osteopathic Academy of Orthopedics.

"The Air Medal"— for meritorious achievement while participating in aerial flight F-4 Fighter, U.S.A.F., Vietnam, June 27, 1971- September 13, 1971.

"The Air Medal"- Second and Third Oak Leaf Cluster, for meritorious achievement while participating in aerial flight F-4 Fighter, U.S.A.F., Vietnam, September 18, 1971-April 5, 1972.

"The Air Medal"- First Oak Leaf Cluster, for meritorious achievement while participating in aerial flight F-4 Fighter, U.S.A.F., Vietnam, April 30, 1972

Second Place Award, Geigy Awards, 1977, "Surgical Treatment of Third Degree Lateral Ankle Ligament Ruptures to Ensure Stability," *Journal of AOA*, Vol. 78, December 1978.

First Place Award, Ethicon Corporation, 1978, "The Diagnostic and Therapeutic Approach to Combined Anterolateral and Anteromedial Rotary Instability of the Knee."

A.O.A.O. Scientific Paper.

Second Place Award, Ethicon Corporation, 1977, "Comminuted Colles' Fractures, Complications of Treatment," Editorial Committee of A.O.A.O. Post-Doctoral Grant Award – Committee on Educational Grants of National Osteopathic Foundation: Mead-Johnson, 1978.

"Outstanding Leadership, Service, and Meritorious Achievement Outside the Field of Interscholastic Athletic Administration," September 17, 1990. (Arizona Interscholastic Athletic Association)

"Outstanding Achievement in Sports Medicine", Arizona Coaches Association, 1996.

"Top Doctors for 2005", Orthopedic Surgery, *Phoenix Magazine*, April, 2005.

2008 PATIENTS CHOICE AWARD (Survey of 400,000 reviews/ratings peers and patients.)

PUBLICATIONS

"Health-Related and Motor Fitness Norms for Junior and Senior High School Athletes," *Arizona Journal for Health, Physical Education and Recreation*, Vol. 28, 1986: Lovejoy, Corbin, Emerson, and Steingard.

"Surgical vs. Non-Surgical Treatment of the Knee," *Time Out*, May/June Issue, 1986.

"Subcutaneous Skinfold Thickness and Physical Estimation Among High School Athletes," presented to Arizona Exercise Science Conference, Arizona State University, 1987: Lovejoy, Corbin, Emerson, and Steingard.

"Fitness Awards: Success Rates for Selected Test Batteries," presented to Research Section of American Alliance for Health, Physical Education, Recreation, and Dance, Las Vegas, April 1987, Woodcock, Lovejoy, Corbin, Steingard, and Emerson.

"The Relationship of Family Support to Fitness and Exercise Participation" presented to Research Section of American Alliance for Health, Physical Education, Recreation, and Dance, Las Vegas, April 1987 Woodcock, Lovejoy, Corbin, Steingard, and Emerson.

"Criteria for Fitness Awards, Contributions of Performance and Health Related Measures," presented to the National Conference of the American College of Sports Medicine, May 1987: Lovejoy, Corbin, Emerson, and Steingard.

"Knee Injuries, Evaluation and Treatment." *Osteopathic Annals*, Vol. 14, No. 4, July/August 1987.

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"Osteopathic Approach to the Treatment of Musculoskeletal Disorders."
Brochure published by Merck, Sharpe, and Dohme, 1987.

"An Orthopedist's Perspective on Sports Medicine," *Journal of Osteopathic Sports Medicine*, Vol. 2, No. 1, February 1988.

The Business Journal, Vol. 9, No. 11, January 23, 1989, Profile; "Richard J. Emerson: The Athlete's Surgeon," *Arizona Trend*, February 1989.

"Fitness Awards: Do They Accomplish Their Intended Objectives," *American Journal of Health Promotion*, May/June 1990, Vol. 4, No 5.

"Prime Golf Injuries: Hands, Wrists," *Fairway & Greens*, April 1992, Vol. 8, No. 3.

"Burn Up the Course, Not Your Epidermis," *Fairway & Greens*, June 1992, Vol. 8, No 4.

"Drink Up! Fluid Replacement is Vital to Preventing and Treating Heat-Related Illnesses," *Fairway & Greens*, August 1992, Vol. 8, No 5.

"Basketball Knee Injuries and the Anterior Cruciate Ligament," *Clinics in Sports Medicine*, April 1993, Vol. 12, No. 2.

"Ask the Doc," Sports Medicine Column, Fastbreak, Phoenix Suns Quarterly 1994 – 2000

"Prospective Analysis Fitness & Injury Profiles of Elite Junior Golfer", Junior Golf Association of Arizona, Quarterly Newsletter.

PRESENTATIONS

"Comminuted Colles' Fractures," presented at the A.O.B.O.S. Annual Convention, Los Angeles, California, 1977.

Program Chairman, "First Annual On-The-Field Management and Diagnosis," Phoenix General Hospital, 1978.

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"The Diagnostic & Therapeutic Approach of the Combined Anterolateral & Anteromedial Rotary Instability of the Knee," A.O.A.O.S. Annual Convention, Atlanta, Georgia, 1978.

"Orthopedic Problems for the Emergency Physician," American College of Osteopathic Emergency Physicians Annual Meeting, A.O.A. 84th Annual Convention & Scientific Seminar, Dallas, Texas, 1979.

"Methods and Observations Related to Physical Readiness of High School Athletes," Apache Sports Medicine Clinic, Nogales, Arizona, 1979.

Program Chairman, Second Annual Phoenix General Hospital Sports Medicine Seminar, Flagstaff, Arizona, 1979.

Program Chairman, Third Annual Phoenix General Hospital Sports Medicine Seminar, Flagstaff, Arizona, 1980.

"Advances in Diagnosis & Management of Athletic Injuries," Sun Coast Hospital, Largo, Florida, 1981.

"Evaluation and Management of the Shoulder in Throwing Sports," Meeting of the Annual Clinical Assembly, Boston, Massachusetts, 1981.

Program Chairman, Fourth Annual Phoenix General Hospital Sports Medicine Seminar, Flagstaff, Arizona, 1981.

Program Chairman, Fifth Annual Phoenix General Hospital Sports Medicine Seminar, Flagstaff, Arizona, 1982.

Instructor, Basic Athletic Sports Injury Care (B.A.S.I.C.), Arizona Medical Association, Arizona State University, Tempe, Arizona, 1982.

Program Chairman and Speaker, Sixth Annual Phoenix General Hospital Sports Medicine Seminar, Flagstaff, Arizona, 1983.

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Instructor, B.A.S.I.C., Arizona Medical Association, Dysart, Arizona, 1983.

Speaker, "Pre-Season Update, Prevention and Treatment of Injuries in High School Sports," Deer Valley High School, Glendale, Arizona, 1983.

Speaker, "Knee Evaluation, Diagnosis and Management," Phoenix General Hospital Intern Lecture Series, Phoenix, Arizona, 1983.

Speaker, "General Orthopedic Problems," B.A.S.I.C., Arizona Medical Association, Phoenix, Arizona, 1984.

Program Chairman, Seventh Annual Phoenix General Hospital Sports Medicine Seminar, Flagstaff, Arizona, 1984.

Speaker, "Overuse Problems of Athletes," Arizona Society of A.C.G.P., Summer Seminar Potpourri, Phoenix, Arizona, 1984.

Speaker, "A Comparison of Extra-Articular and Intra-Articular Reconstruction for Anterior Cruciate Ligament Deficiency," American Osteopathic Academy of Orthopedics, New Orleans, Louisiana, 1984.

Speaker at the 1984 American Osteopathic Academy of Sports Medicine's 89th Annual Convention & Scientific Seminar, American Osteopathic Association, Las Vegas, Nevada, 1984.

Speaker, "Knee Evaluation, Diagnosis and Management," Phoenix General Hospital Intern Lecture Series, Phoenix, Arizona, 1985.

Program Chairman, Eighth Annual Phoenix General Hospital Sports Medicine Seminar, (held in conjunction with the Arizona Coaches Association Meeting) Flagstaff, Arizona, 1985.

Speaker, "Role and Function of the Rotator Cuff," American Osteopathic Academy of Orthopedics Annual Clinical Assembly, San Diego, California, 1985.

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Speaker, B.A.S.I.C., Arizona Medical Association, Phoenix, Arizona, 1986.

Speaker, "Diagnosis and Treatment of Posterior Cruciate Ligament Tear, A Non-Operative Approach," 26th Postgraduate Seminar, American Osteopathic Academy of Orthopedics, Denver, Colorado, 1986.

Speaker, "Prevention and Treatment of Overuse Injuries in Golf," The Center for Sports Medicine & Orthopedics, Phoenix, Arizona, 1986.

Speaker, "A Philosophy of Knee Surgery," 49th Annual Convention, New Mexico Osteopathic Medical Association, Mescalero, New Mexico, 1986.

Speaker, "Arthroscopy: The State of the Art," 49th Annual Convention, New Mexico Osteopathic Medical Association, Mescalero, New Mexico, 1986.

Program Chairman, Ninth Annual Phoenix General Hospital Sports Medicine Seminar (held in conjunction with the Arizona Coaches Association Meeting), Flagstaff, Arizona, 1986.

Speaker, "New Sights Through the Arthroscope," 91st Annual Convention and Scientific Seminar, American Osteopathic Association, Las Vegas, Nevada, 1986.

Speaker, "Head and Neck Injuries," 13th Annual Sports Medicine Symposium, Arizona Medical Association, Phoenix, Arizona, 1987.

Speaker, "Chronic Injuries in Sports," 16th Mid-Winter Conference, Colorado Society of Osteopathic Medicine, Keystone, Colorado, 1987.

Speaker, "Drug Testing," Insuring Tomorrow Recognition Luncheon, Arizona State University, Phoenix, Arizona, 1987.

Speaker, "New Concepts in Arthroscopic Surgery," 65th Annual Convention, Arizona State Osteopathic Medical Association, Tucson, Arizona, 1987.

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Program Chairman, Tenth Annual Pre-Season Sports Medicine Review,
Arizona Coaches Association, Flagstaff, Arizona, 1987.

Speaker, "The Relationship between Team Physicians, Coaches, Injured
Athletes, and Parents," 4th Annual Arizona Interscholastic Athletic
Administrators Association's Conference, 1987.

Speaker, "Staying on Track: The Prevention and Treatment of Running
Related Injuries," The Center for Sports Medicine & Orthopedics, Phoenix,
Arizona, 1987.

Speaker, "Keeping Your Game on Course: Shoulder Injuries and the Golf
Swing," The Center for Sports Medicine & Orthopedics, Phoenix, Arizona,
1987.

Program Chairman and Moderator, Sports Medicine Section, 60th Annual
Clinical Assembly of Osteopathic Specialists, Honolulu, Hawaii, 1987.

Speaker, "ACL Arthroscopic Allograft Preliminary Report," 60th Annual Clinical
Assembly of Osteopathic Specialists, Honolulu, Hawaii, 1987.

Speaker, "Treatment Options for Surgical and Non-Surgical Knee Injuries,"
Sports Medicine Clinical Conference, Palm Springs, California, 1988.

Program Chairman, Third Annual Golf Seminar, The Center for Sports
Medicine & Orthopedics, Phoenix, Arizona, 1988.

Speaker, "Knee Injuries: Prevention, Treatment & Rehabilitation," 1988
A.O.A. Convention, Las Vegas, Nevada, 1988.

Speaker, "Common Orthopedic Injuries Sustained by Recreational and
Competitive Skiers," Hit the Slopes Workshop, The Center for Sports
Medicine & Orthopedics, Phoenix, Arizona, 1988.

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Speaker, "Physical Examination and Review of the Knee," Arthroscopy Updates for Knee, Shoulder, Elbow, & Ankle, 1989 Ski and CME for D.O.'s, Denver, Colorado, 1989.

Chairman, All Star Week, Sports Medicine Program, Arizona Coaches Association, Safford, Arizona, 1989 – 1991.

Speaker, "Carving Your Niche in Orthopedics," American Hospital Association, 1990.

Speaker, "Assessment and Treatment of Athletic Injuries," Humana Hospital Phoenix, Phoenix, Arizona, 1991.

Speaker, CIBA-GEIGY Corporation, Orthopedics & Sports Medicine, 1991.
Speaker, "New Trends in Surgical Treatment of Knee Injuries," Tucson National Resort & Spa, Tucson, Arizona, 1991.

Speaker, Athletic Director's Seminar, The Center for Sports Medicine & Orthopedics, Phoenix, Arizona, 1992.

Speaker, "Staying Active with an Unhealthy Knee," Arizona Heart Institute Never-Been-Better Series, Sun City, Arizona, 1993.

Speaker, "Treating the Athletic Problematic Back Injury: Real Life Experiences," A.O.A.S.M. Conference, San Francisco, California, 1994.

Speaker, "The Use of Hamstring Tendons for ACL Reconstruction," A.O.A.O. Conference, San Francisco, California, 1996.

Speaker, "Overuse injuries in the Professional Athlete," Presentation, Midwestern University, Phoenix, AZ 1997.

Speaker, "The Golf Exam Analysis & Treatment", A.O.A.O., Palm Springs, California, 2001.

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Speaker, "The Physical Assessment of a Golf Swing to Improve Scores & Decrease Injury", Point Hilton Resorts, Phoenix, Arizona, December 2001.

Speaker, "The Elite Athlete" Annual Spine & Sport Conference, La Jolla, California, October 2002.

Speaker, "Golf Injuries" Annual Spine & Sport Conference, La Jolla, California, October 2002.

Speaker, "The Challenge of the Elite Athlete Series", as a National Consultant and Speaker for Pfizer Pharmaceuticals, OceanClub, Scottsdale, February 2003

Ruth's Chris, Phoenix, March 2003

Morton's, Scottsdale, June 2003

Wigwam, Litchfield Park, July 2003

Carver's, Peoria, September 2003

Mancuso's, Scottsdale, November 2003

Fleming Steakhouse, July 2004

Speaker, "Golf Injuries of the Upper Extremity", AOA 108th Annual Convention, New Orleans, Louisiana, October 2003

Speaker, "Osteoarthritis and the Motivated Athlete", AOMA 82nd Annual Convention, Scottsdale, Arizona, April 2004

Speaker, "Golf Injuries", AOASM 19th Annual Clinical Conference, Boston, Massachusetts, April 2004

Speaker, " Golf Sports Injuries", TOMA's 105th Annual Convention. Grapevine, Texas, June 2004

Speaker, "SportExcel*Golf* – How to Make Golf Part of Your Sports Medicine Practice," Joint Commission on Sports Medicine and Science, Colorado Springs, Colorado, February, 2005

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Program Chairman/Speaker to Arizona Football Coaches Association – “Care of the Athlete – From the Trainer to the Physician.”

April 2007, 2008, 2009.

RESEARCH PROJECTS

Results of Anterior Cruciate Ligament Reconstruction, Patellar Tendon Autograft in Athletes.

Prospective Analysis Comparing Anterior Cruciate Ligament Reconstruction Using Allograft and Autograft in Athletes.

Sports Injury Profile of the Junior Golfer.

The Classification & Management of Patellar Tendinitis.

Back Safe Protocols in Golfer’s Incorporating Computerized Swing Motion Trainer & Ball Flight Monitor.

Extracorporeal Shock Wave Treatment of Tendonitis.

ATHLETIC AFFILIATIONS

Member (1982 to Present) National Basketball Association Society of Physicians.

Orthopedic Consultant (1983 to 1990) Team Physician (1990 to 2000)

Honorary Emeritus Team Physician (2000-Current) Phoenix Suns (NBA).

Team Physician (1992 to 2000) Arizona Rattlers (Arena Football League).

Local Team Physician, Denver Gold Professional Football Club (Spring Training 1982 to 1983).

Associate Team Physician & Consultant (1996 to 2004), Phoenix Coyotes (NHL).

Supervising Team Physician (1992 to 1995) Arizona Sandsharks (Major Indoor Soccer League).

Medical Director (1992 to 2000) Phoenix Arena Sports (America West Arena).

Founding Member, Fellow, Association of Professional Team Physicians.

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Team Physician (1983 to 1984) Phoenix Pride Indoor Soccer Organization (M.I.S.L.).

Orthopedic Consultant (1980 – 1985) Houston Astro's Instructional League.

Co-Team Physician (1992 – 1995) Arizona Racquets Professional Tennis Team.

Associate Team Physician, Glendale Community College, Glendale, Arizona.

Associate Team Physician and Orthopedic Consultant, Grand Canyon College, Phoenix, Arizona.

Team Physician, (1980 to 1994) Moon Valley High School, Phoenix, Arizona.

Arizona Coaches Association, Annual Sports Medicine/Sport Injury Prevention Seminars.

Attending Physician, Supervisor of Certified Athletic Trainers, Orthopedic Consultant for Sports Medicine, Glendale Union High School District.

Clinical Associate Professor of Orthopedics/Sports Medicine, Kirksville College of Osteopathic Medicine.

Consultant, HealthSouth Sports Medicine & Rehabilitation to the L.P.G.A. Tour.

Medical Director of Sports Medicine, St. Luke's Medical Center.

Advisory Board Member (1981 to 1987), Sun Angel Foundation.

Founding Member, National Football Foundation Hall of Fame (Arizona Chapter).

Member, The First Team Arizona State University, Football Booster's Men's Club (1981 to 1985).

Medical Director, SportExcel Health & Human Performance, Scottsdale, Arizona.

HealthSouth Sports Medicine Advisory Council (National).

Member – Joint Commission Sportsmedicine & Science- Current

HOSPITAL AFFILIATIONS

John C. Lincoln Deer Valley, Phoenix, AZ (Honorary Staff Member)

REFERENCES: Available upon request